

“Mustang 50 Years STRONG” - 39th ANNUAL WESTERN DAYS STAMPEDE RUN 2019 OPEN 5K RACE

Date & Time: Saturday, September 7, 2019 at Mustang High School Stadium. Please park and enter stadium through the North gate.

Event/Time: Open 5K run / 7:00 a.m.

Awards: Custom Medals - 1st - 3rd place in age divisions male & female. Trophy to overall male & female.

Divisions:	8 & under	20-24	40-44	60-64
	9-12	25-29	45-49	65-69
	13-15	30-34	50-54	70-79
	16-19	35-39	55-59	80 & over

Registration: Proceeds benefit MHS Cross Country Teams.

Online Registration: <http://www.mustangpacesetters.org/westerndays.html>

Online registration \$25.00 (no service fee) – Register by Tuesday, August 27th to guarantee a T-shirt.

Final online registration is Thursday, September 5th 11:59 p.m.. T-Shirts are limited, register early.

Race day registrations - 6:00 - 6:30 a.m. at Mustang HS Stadium North Entrance \$25.00 cash only please.

Race Packet: Runners may pick up packets at our table on Friday, September 6th from 6-8 p.m. during the Western Days Chili Cook-Off in front of Mustang Town Center. (On-Site Tickets are available for the Chili Cook-Off)
OR Saturday, September 7th 6:00 a.m. – 6:45 a.m. at Mustang HS Stadium North entrance prior to race.

Facilities: Bathroom facilities in Stadium. Come ready to run.

Parking: IMPORTANT - PARK on the NORTH side of Mustang HS Stadium FOR THE SAFETY OF ALL RUNNERS.

Course: The race will start in the parking lot south of the stadium and head east to Mustang Rd, then south on Mustang Rd to SW 89th St, from there go west on SW 89th to turn around point and head back. Roads are NOT blocked to traffic. Course map is available online. ***Due to construction on Mustang Rd, course may be altered.

Aid Stations: Water will be available on the course at the turn around; course monitors will be available to assist

Race Info: Vickie Bailey 405-476-0503 or visit the website at www.mustangpacesetters.org

**Race results will be posted at the track at conclusion of race and on the website. No refunds or rain date.
Parents and other non-participants are not allowed in warm-up area or on the course.**

Western Days 5K Stampede Run, September 7, 2019

Release and Entry Form – Please Print – Use Separate Form for Each Participant – T-Shirts are limited, register early.

Name _____ Runner’s Phone Number: _____

Address: _____ City: _____ State: _____ Zip: _____

Age as of Sept 7, 2019 _____ Circle Gender: MALE or FEMALE How did you hear about our race?

E-mail: _____ (for entry verification and updates) _____

Race Day Emergency Contact and Phone: _____

Circle T-Shirt Size: Youth Med(10-12) Youth Large(14-16) Adult Small Adult Med Adult Large Adult X Large Adult XXL

Make Checks Payable to: Mustang Pacesetters include Runner’s Full Name in Memo

Release: In consideration of the foregoing, I, for myself, my heirs, executors, administrators, personal representatives, successors and assigns, waive and release any and all rights, claims and courses of action I have or may have against The Western Days Stampede, Mustang Public Schools, the Mustang Pacesetters Boosters and its administrators, their agents, employees, officers, directors, successors and assigns, the Mustang Chamber of Commerce, and any and all sponsors, their representatives and successors, that may arise as a result of my participation in The Western Days Stampede and any pre- and post-event activities. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed medical doctor. Furthermore, I hereby grant full permission to any and all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose including commercial advertising.

**Parents and other non-participants are not allowed in warm-up area or on the course.
No Refunds or Rain Date.**

Participant Signature: _____ Date: _____

Parent/guardian signature required for minors under 18.

Office Use Only. Payment type: _____ Bib # _____