

# "Mustang 50 Years STRONG" - 39<sup>TH</sup> ANNUAL WESTERN DAYS STAMPEDE RUN 2019 MIDDLE SCHOOL MILE RACE

- Date & Place:** Saturday, September 7, 2019 at the Mustang High School Stadium. Park and enter at North entrance.
- Event:** Middle School One-Mile Run – Arrive no later than 6:45 a.m. for pre-race instructions.
- Race Time:** 7:00 a.m. - All 7<sup>th</sup>/8<sup>th</sup> Grade Middle School Runners. Race times are approximate.
- Awards:** Custom Medals 1<sup>st</sup> through 10<sup>th</sup> Place – Separated By Grade at finish – Male & Female  
Finisher Certificates for Free Ice Cream courtesy of Mustang's Sonic
- Facilities:** Bathroom facilities at Stadium. Come dressed to run.
- Registration:** Cost is \$15.00 per child. This is a children's race only. Adults will need to sign up for the 5k race. No refunds or rain date. T-Shirts are guaranteed for all entries received by Tues, August 27<sup>th</sup>.  
**ONLINE REGISTRATION** – no extra fee <http://www.mustangpacesetters.org/westerndays.html>  
This is the best way to ensure your child's entry is received and processed in time for the race.  
**Paper Registrations** - Return only the **BOTTOM PART** of this form with a **CHECK** made out to **MUSTANG PACESETTERS** or send **EXACT CHANGE** for the \$15.00 registration to your P.E. teacher by Tues, August 27<sup>th</sup>.  
**NO ENTRIES WILL BE ACCEPTED AT SCHOOL AFTER TUES, AUGUST 27<sup>th</sup>.**
- Late entries will be accepted during the Chili Cook-Off in front of the Mustang Town Center on Fri, Sept 6<sup>th</sup> from 6-8 pm for \$15  
OR Race Day Sat, Sept 7<sup>th</sup> at Mustang HS Stadium North entrance from 6:30-7:15 a.m. for \$15.00.  
\*\*\*\*T-shirts are not guaranteed for late or race day entries.\*\*\*\*
- For the safety and security of the children, parents and other non-participants are NOT allowed in warm-up area or on the course. Supervision is provided in the warm-up area and on the course.
- Race Packet:** Race number and t-shirt will be handed out at Mustang schools prior to race day.
- Alternate Pick-up:** Friday, September 6<sup>th</sup> from 6-8 p.m. at the Western Days Chili Cook-Off in front of Mustang Town Center  
OR Saturday, September 7<sup>th</sup> 6:30-7:30 a.m. at Mustang HS Stadium prior to race.
- Course:** Generally flat (Run on school campus and track) MHS Cross Country runners will guide.  
**Results will be posted at the track following the conclusion of the races and online.**  
Results and Photos will be available at <http://www.mustangpacesetters.org/westerndays.html>.  
All proceeds benefit Mustang Pacesetters MHS Cross Country Booster Club.

For more information, contact Vickie Bailey at 405-476-0503 or visit the website at [www.mustangpacesetters.org](http://www.mustangpacesetters.org).

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## Middle School Mile September 7, 2019 - Release & Entry Form - Use Separate Form for Each Participant NO ENTRIES WILL BE ACCEPTED AT SCHOOL AFTER TUESDAY, AUGUST 27<sup>th</sup>

MAKE CHECKS PAYABLE TO: MUSTANG PACESETTERS for \$15.00 (A \$20 returned check fee will be assessed.)  
PLEASE INCLUDE: RUNNER'S NAME, TEACHER'S NAME, & SCHOOL ON CHECK to ensure proper credit.

Please print clearly:

Runner's Name: \_\_\_\_\_ CIRCLE ONE: MALE or FEMALE

Address: \_\_\_\_\_ GRADE: \_\_\_\_\_

School Name: \_\_\_\_\_ Homeroom Teacher: \_\_\_\_\_

Parent's Name: \_\_\_\_\_ Parent's/Emergency Phone: \_\_\_\_\_

Parent's e-mail: \_\_\_\_\_ for updates or registration questions

**CIRCLE T-SHIRT SIZE: Youth Med(10-12)\*\* Youth Large(14-16) Adult Small Adult Med Adult Large**

**RELEASE:** In consideration of the foregoing, I, for myself, my heirs, executors, administrators, personal representatives, successors and assigns, waive and release any and all rights, claims and courses of action I have or may have against The Western Days Stampede, Mustang Public Schools, the Mustang Pacesetters Boosters and its administrators, their agents, employees, officers, directors, successors and assigns, the Mustang Chamber of Commerce, and any and all sponsors, their representatives and successors, that may arise as a result of my participation in The Western Days Stampede and any pre- and post-event activities. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed medical doctor. Furthermore, I hereby grant full permission to any and all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose including commercial advertising.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_